

# Youth Conference Packing List

- Medical Release Form (if not emailed in advance) (Mandatory)
- BOX/BAG OF CEREAL (Mandatory)
- Bible

## Optional items

- Rain jacket/poncho
- Clothes for each day
- Modest Pajamas
- Swimsuits (modest) and flip-flops
- Towel
- Sunscreen & Bug Spray
- Sunglasses/hat
- Inner tubes/Pool Noodles/etc. for at the Lake
- Personal items (hygiene products, toothbrush, paste, comb, shaver, deodorant, lotion, shampoo, conditioner, makeup, chapstick, Kleenex, etc.)
- Journal/Note Book, pen or pencil
- Medications
- Sleeping Bag/Blankets
- Pillow
- Flashlight
- A Friend!
- Optional: Additional Snacks